**ANNA LEONARDI**
The aim must be to catch the character, hold on to it tightly. To get there, actors must become the tailor, doctor, dietician and psychoanalyst of their characters. They must know how they dress, eat, which foot they put on the floor first when they get up, their sleeping position, and how they dream… They must speak with them and let them speak… Listen to them, look at them, study them; like a killer studies in the smallest details the habits of the victim, like a lover observes - to adore - the infinitesimal characteristics of the loved one… But first of all they must hold them tight… More or less like the puppeteer holds its *papier mâché* creatures.

*(Serata d’onore)*

**MARTHA GRAHAM**
People say -
How did you begin?
Well - that is the question
And who knows -
Not I -
How does it all begin?
I suppose it never begins, it just continues -
Life -
generations
Dancing -

*(The Notebooks of Martha Graham)*

**ANNA DEAVERE SMITH**
My grandfather told me that if you say a word often enough, it becomes you... I can learn to know who somebody is, not from what they tell me, but from how they tell me.

*(A Sourcebook of Feminist Theatre and Performance edited by Carol Martin)*
How many times Shakespeare draws fathers and daughters, and how little stock he seems to take of mothers! Portia and Desdemona, Cordelia, Rosalind and Miranda, Lady Macbeth, Queen Katherine and Hermione, Ophelia, Jessica, Hero, and many more are daughters of fathers, but of their mothers we hear nothing.

(The Story of My Life)

Ellen Terry as Lady Macbeth